## **Institute Vision**

#### Research

• Quality research leads to quality practices

#### Assessment

• Empowerment comes through increased self knowledge and awareness

## **Professional Development**

 Focus on continual improvement of skills and enhancement of knowledge base



## **Institute Values**

- Recognize the intrinsic worth and dignity of each person
- Respect the uniqueness of all persons
- Enhance community connections and partnering
- Provide quality services in a timely manner



"For the second consecutive year, Cal State San Bernardino has been distinguished as a Military Friendly School, according to a national survey by G.I. Jobs magazine."

## For more information contact:

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College of Education

The Institute for Research, Assessment & Professional Development

## **Veteran's Services**



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#### **Mission Statement**

## "Opening Doors by Expanding Opportunities" ™

The Institute for Research, Assessment and Professional Development in the College of Education at CSUSB brings together the skills of our Rehabilitation Counseling, Counseling and Guidance, School Psychology and Special Education graduate program faculty and students to help address the needs of our returning Veterans.



## **Comprehensive Vocational Evaluation**

The comprehensive vocational evaluation is an individualized and systematic process using standardized assessment methodologies to identify vocational options consistent with the veteran's abilities, interests, work values, functional abilities and capabilities. These evaluations are designed to empower veterans to make informed choices based on quality information about themselves.

Vocational evaluation has proven its value within the rehabilitation and transition processes, and has proven to be a useful tool in accurately guiding planning and placement activities. Research suggests that the more evaluation recommendations are used in planning, the greater the chances of success in training and job placement.

#### Service Domains for Veterans

- Comprehensive Vocational Evaluations
- Vocational Assessment
- Transferable Skills Analysis
- Neurofeedback

#### **Vocational Assessments**

The vocational assessment process is designed to help individuals learn about work and vocational possibilities and gain a better understanding of their own capabilities and potential. The process goes beyond looking at performance on assessment tools and instruments.

Veterans will be able to make informed decisions to help them maximize their career development potential. This is accomplished through the use of a systematic approach involving techniques, instruments, and activities. These results will assist the veteran and professional staff in gathering vocationally relevant information to facilitate the career decision-making process.

## Transferable Skills Analysis

Veterans acquire skills and knowledge that they take with them as their career progresses. The veterans work history is gathered and then a summary of their skills and knowledge from past jobs is used to create a skills and abilities profile. By applying transferable skills analysis, a list of occupations will be used to match with potential employers or job openings. Matching occupations are identified by decreasing levels of transferability, ranging from

closest matches for direct placement through occupations the job seeker has the potential to learn. This approach is ideal for returning veterans who are interested in a quicker return-to-work process.

### Neurofeedback

Neurofeedback is a ground breaking technique that challenges the brain to better function. This powerful brain-based technique has been successfully helping clients around the world for over 30 years. It is a non-invasive process with dramatic results for a multitude of symptoms (i.e., ADD/ADHD, PTSD, anxiety, depression, difficulty sleeping, etc.). Numerous research articles exist regarding the effectiveness of neurofeedback in adults with a wide variety of symptoms.

Neurofeedback trains the brain to function at its maximum potential and is similar to the way the body is exercised, toned and maintained. Neurofeedback exercises the neural pathways that allow the brain to function better in a variety of areas.

#### Fees

The Institute uses a sliding scale fee structure to ensure that our services are affordable for everyone.

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